

I.S.E.R.V.E.®
HEB Volunteer Fair 2010



*Connecting volunteer-minded individuals and businesses of HEB
with local non-profit service organizations.*

VOLUNTEER OPPORTUNITIES

Saturday, March 27

10 am—3 pm

**NorthEast Mall- Center Court
1101 Melbourne Road, Hurst, Texas**

a program of the Hurst Euless Bedford Chamber of Commerce

Leadership HEB



2-1-1 Texas - www.211texas.org

Mission: To improve lives across our diverse community by prioritizing needs in education, income and health and forming innovative and effective partnerships with other agencies.

Volunteer Opportunities: Opportunities arise during times of disaster. Volunteers work closely with 2-1-1 professionals to respond to callers seeking information about evacuation routes, transportation, shelters, food, water and more.

6 Stones - www.6stones.org

Mission: Established by First Baptist Church Euless, working with a coalition of churches, nonprofit agencies and other entities to assist in meeting the needs of the people within the Hurst, Euless, Bedford community.

Volunteer Opportunities:
New Hope Center – Distribute food and clothing to clients
6 Stone Warehouse – Organize, deliver and pick up donations
Euless Revitalization – Assist in home improvement projects designated by the city of Euless.

Alliance For Children - www.allianceforchildren.org

Mission: To unite the communities of Tarrant County to fight child abuse by providing child's justice centers that coordinate the efforts of partner agencies and facilitate the delivery of needed service.

Volunteer Opportunities:
Special events
Clerical work in the center
Assist with children's group therapy meetings
School Supply and Backpack Program
Thanksgiving Adopt-A-Family Program
Christmas Adopt-A-Family Program

Kids Crew – The Kids Crew is trained Alliance For Children volunteers who are assisting with abused/neglected children at Cook Children's Medical Center.

AMBUCS Mid-Cities - <http://mid-citiesambucs.homestead.com>

Mission: National AMBUCS™, Inc. is a non-profit service organization consisting of a diverse group of men and women who are dedicated to creating mobility and independence for people with disabilities.

Volunteer Opportunities: If you want to be a donor supporter of the Mid-Cities AMBUCS we need your stewardship for these children/adults with disabilities.

Carter Bloodcare - www.carterbloodcare.org

Mission: We save lives by making transfusions possible.

Volunteer Opportunities:
Blood Drive Coordinator
Donor Council Member
Telephone Volunteers
Donor Registration/Mobile Blood Drives
Refreshment Attendant
National Marrow Donor Program (NMDP)
Speakers Bureau
Office Projects
Health Fairs

CASA of Tarrant County - www.speakupforachild.org

Mission: CASA of TC assists the family court system by providing trained, court appointed volunteers who advocate on behalf of abused and neglected children by making recommendations for safe and permanent homes.

Volunteer Opportunities: Court Appointed Special Advocates. CASAs receive 30 hours of initial training and are asked to pursue an additional 12 hours of continuing education per year. Following the initial training, CASAs are sworn in by a judge and become court-appointed special advocates for children who have been removed from their homes because of abuse and neglect in Tarrant County.

Cenikor Foundation – www.cenikor.org

Mission: To assist people in developing the skills needed to become responsible citizens free of substance abuse.

Volunteer Opportunities
Volunteering at the facilities or participating in one of our annual events. We have many different types of Volunteers. Some teach residents how to build things around the facility or lend a green thumb in our gardens. Others volunteer their time as a tutor or mentor, or hold a Bible study. In the fall, each facility has an awards luncheon which recognizes community members that have played a valuable part in making Cenikor the success that it is today. In the springtime sporting clay shoots in Forth Worth. Each event raises much-needed funds for our programs, facility operations, and improvements.

Community Enrichment Center - www.openarmshome.org

Mission: Restoring hope, sharing God's love and changing lives in our community.

Volunteer Opportunities:
Food Pantry - Volunteers work between 7 am to 3 pm Monday, Tuesday and Thursday, between 7 am and noon on Wednesdays and Fridays and from 6 pm to 8 pm on Thursday nights. Volunteers inspect, clean, sort, stock, select and box food.

Adopt-A-Family Mentors - Volunteers encourage and mentor families with children in the Adopt-A-Family Program. Mentors keep their family's case manager informed on any important issues that they may learn about in the family.

Second Glance Resale Shop - Literacy for Life - Volunteers assist our Education and Employment Director in facilitating GED preparation and adult literacy classes.

Life Skills Meetings - Volunteers assist our Education and Employment Director in teaching, planning, designing and facilitating life skills meetings for our families. These meetings cover a variety of topics including home ownership, housekeeping, money management, etc. Meeting times and places vary.

Child Care - Volunteers are needed to assist with child care at the Open Arms campus every Monday from 6:30 pm -8 pm as well as during weekly Literacy for Life classes (see above) and life skills meetings (see above).

Special Events Food & Toy Drives -Back-to-School Carnival - Adopt-A-Family and Open Arms Programs. CEC Golf Classic - Seasons of Hope Luncheon & Style Show - CEC Family Christmas

Cook Children's - www.cookchildrens.org

Mission: Knowing that every child's life is sacred, it is the promise of Cook Children's to improve the health of every child in our region through the prevention and treatment of illness, disease and injury.

Volunteer Opportunities:

Volunteers serve in 60 different placements throughout the medical center including surgery, radiology, child life, registration, outpatient specialty and community clinics, and at locations throughout Tarrant County.

Directing visitors, reading books, playing in the playrooms, comforting little ones, educating parents about car safety and helping in the gift shop are just a few ways our volunteers care for patients and families, making a challenging sometimes overwhelming experience better. Become a part of the healing that happens at Cook Children's by becoming a volunteer.

Girl Scouts – www.girlscouts.org

Mission: Girls scouting builds girls of courage, confidence and character who make the world a better place.

Volunteer Opportunities: Troop leaders, assistant troop leaders Today's Girl Scout volunteerism may surprise you. We offer several exciting, flexible pathways through which adults can participate in Girl Scouting regionally, nationally, and internationally. If you would like to become a Girl Scout volunteer but cannot commit to a regular schedule, you can choose a pathway that allows you to fit Girl Scouting into your lifestyle, whether it is once a month, weekends, evenings, or at a particular time of year.

Girls, Inc. – www.girlsinc.org

Mission: To inspire all girls to be strong, smart and bold!

Volunteer Opportunities: Special events, group workshops and classes, clerical

Meals on Wheels - <http://www.mealsonwheels.org>

Mission: To promote the dignity and independence of older adults, persons with disabilities, and other homebound persons by delivering nutritious meals and providing or coordinating needed services.

Volunteer Opportunities:

Drivers and Runners - Drivers pick up meals at a central location then follow a specific route, making several stops along the way to deliver to Meals On Wheels recipients.

Special Events - All Meals On Wheels programs have events and fundraisers that require extra help – including planning and organizing, publicity, onsite setup and staffing and much more.

Office Help - Most people don't realize that all Meals On Wheels programs have an administrative side – an office that organizes meal preparation and delivery and communicates with clients.

Meal Preparation and Packaging- At many programs, volunteers assist in the kitchen, preparing meals or packing them for delivery.

Telephone Calls- Many programs have volunteers who make regular phone calls to the seniors to check up on them.

Senior Center Aides- Some Meals On Wheels programs provide congregate meals in addition to home delivered meals – serving meals at a central location, where seniors can come to eat together.

Mid-Cities Care Corp - www.midcitiescarecorps.org

Mission: A non-profit interfaith association of churches, civic groups, businesses and individual volunteers working together to preserve the independence and well being of our senior neighbors in NE Tarrant County.

Volunteer Opportunities:

Share your compassion, caring and consideration with mid-Cities Care Corps and our care receivers by volunteering when it fits into your schedule. Our flexible opportunities allow you to share one hour a week, one day a week, or one day a month. We will work with you to accommodate your schedule while still meeting our accountabilities. Sharing one hour of your time may be just the time an elderly person needs to make their day.

Transportation (for medical, dental, pharmacy, shopping and errands)
Office Assistance
Food Bank Distribution
Minor Home Repairs
Handicap Access (in owned property only)
Yard Care
Visitation/Phone Assurance
Minor Household Chores
Community Service Supervisor
Annual Fundraisers
Volunteer Recruitment

Ronald McDonald House - <http://rmhc.org>

Mission: The Ronald McDonald House provides help, hope and a "home away from home" for families of seriously ill children who are hospitalized or receiving treatment in Fort Worth area hospitals.

Volunteer Opportunities: House volunteer, family room volunteer, Meals from the heart volunteer.

SafeHaven of Tarrant County - <http://www.safehaventc.org>

Mission: To reduce domestic violence through services that support victims and their families and prevent abuse through intervention and education.

Volunteer Opportunities:

Hotline - Our 24-Hour Hotline is the primary means of contact for victims of abuse and others needing information about the services of SafeHaven. Callers are donors, families inquiring about help, or victims in crisis. planning, accessing shelter or other services and make community referrals.

Shelter/residential assistant - Answer incoming calls, offer referrals, complete forms, assist shelter clients with daily needs.

Children's Programs - Assist with infant and toddler care during program meetings for mothers. Activities include feeding, rocking, and playing age appropriate games. Guide pre-schoolers in activities, reading stories, art projects, outside play and support groups. Help plan and involve children ages 6-17 in recreational activities, art projects and crafts.

SafeResponse- SafeResponse is a 24 hour, 365 days a week crisis response team. SafeResponders are called to police departments and

hospitals when victim comes in for protection or treatment. The SafeResponse volunteer can be there to listen, conduct a safety plan, provide resources and information, and arrange for shelter if needed.

Administrative - Perform clerical duties such as answering phones, filing, copying and greeting guests in the counseling centers and administrative offices.

Berry Good Buys resale shop, -Sort and price donations, help with running the cash register and greeting guests.

Court accompaniment - Accompany domestic violence victims to their scheduled court appointments. Volunteers will not serve as a legal counsel for victim, but rather support to the victim during the process. (Spanish speaking volunteers are highly needed as many courts do not offer translators.)

Prevention Services- Educate the community by presenting educational programs about bullying, dating or domestic violence and other warning signs of abusive behavior in relationships.

The ARC of NE Tarrant County - www.arcgtc.org

Mission: ARC of NE Tarrant County is committed to creating opportunities for people with intellectual and developmental disabilities to be included in their communities and to make their own choices which affect their lives.

Volunteer Opportunities:

- Children/Child care
- Teaching Computer Classes to Adults
- Grant Writing
- Teaching Reading to Adults
- Translator/Spanish
- Translator/Other
- Clerical/Filing

The WARM Place - www.thewarmplace.org

Mission: The WARM Place (What About Remembering Me) is a non-profit agency which provides grief support services for children ages 3-18 and their families, as well as young adults 19-25 who have experienced the loss of a significant relationship through death.

Volunteer Opportunities:

Houseparent- Job Description When: One night from 5:30-7:30 p.m., every other week, Monday, Tuesday, Wednesday, or Thursday
Duties: Greet families, assist in serving pot-luck dinner, and clean the kitchen after dinner.

Group Facilitator - Job Description When: 5:30-9:30 p.m. every other week, Monday through Thursday
Duties: Co-facilitate groups for children, preteens, teens and adults.
Training: Approximately 25 hours of training are required

Facilitator for Little People group - Job Description When: 11:30 a.m.-1:30 p.m. on Fridays for an 8-week session in the spring and fall, or a 4-week summer session
Training: Approximately 25 hours of training are required

Special Event Volunteer - Volunteers are always needed for our two special event fundraisers--Friday Night at the Zoo and A Phone Call from Santa.

Travelers AID- <http://www.travelersaid.org>

Mission: To provide information and social services to the DFW airport and surrounding communities.

Volunteer Opportunities:

Do you have travel experience? Have you worked for an airline or in the travel industry and want to stay in the field? Do you have foreign language skills that could be of assistance to people? Do you love the Metroplex area and can get to DFW International Airport? Do you just like to help people? BRING YOUR TALENTS TO OUR TEAM!

Travelers Aid volunteers have provided a helping hand to travelers and their families at Dallas/Fort Worth International Airport. TRAVELERS AID Dallas/Fort Worth needs volunteers to contribute their enthusiasm, passion, knowledge & willingness to help others!

WHAT DO VOLUNTEERS GAIN? Volunteers are able to practice creative problem solving & use communication skills, including foreign languages.

WHAT DO TRAVELERS AID VOLUNTEERS DO?

WELCOME visitors and passengers CONNECT passengers with airport services such as paging, lost and found, hotels, motels, restaurants, area attractions and ground transportation. ANSWER questions about Dallas/Fort Worth International Airport and the Metroplex area, & give directions and flight information.

***I.S.E.R.V.E.* to**

Support our community and

Enhance our quality of life by

Renewing my community commitments through

Volunteering my time, talent and treasures to help

Everyone in HEB!

WILL YOU SERVE?

Groups you want to help:

a program of the Hurst Euless Bedford Chamber of Commerce